How to Create a Bun

Supplies:

Hair brush
Comb

☐ Spray bottle with water (if you prefer to work with damp hair)

□ Gel

☐ Hair spray

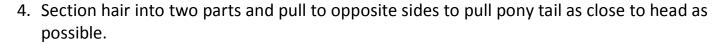
☐ Hair pins

□ Bobby pins

☐ Invisible hair net

Instructions (see corresponding pictures on next page):

- 1. Brush hair thoroughly
- 2. Apply gel and work through hair
- 3. Slick hair back in to a pony tail



- 5. Use a comb to neaten and slick back any stray hair. If a dancer has bangs or layers around the face that will not stay with hair products alone, use bobby pins to secure.
- 6. Spray hair spray all over except the pony tail
- 7. Divide pony tail in to 2 (or 3 sections if dancer has thicker hair)
- 8. Take the first section of hair and do the following:
 - * twist hair and wrap around the pony tail in a circular pattern
 - *secure with hair pins as you twist
- 9. Repeat with the second (and third sections)
- 10. Take a hair net and cover the bun once, twist, then cover the bun a second or third time
- 11. With the remaining hair net, wrap around the base of the bun and secure with a pin or two
- 12. Place pins around the perimeter of the bun to secure the bun to the head
- 13.Do a final touch up with hair spray to make sure and catch any remaining or persistent stray hairs to complete a very neat and secure bun!

