

How to Create a Bun

Supplies:

- Hair brush
- Comb
- Spray bottle with water (if you prefer to work with damp hair)
- Gel
- Hair spray
- Hair pins
- Bobby pins
- Invisible hair net

Instructions (see corresponding pictures on next page):

1. Brush hair thoroughly
2. Apply gel and work through hair
3. Slick hair back in to a pony tail
4. Section hair into two parts and pull to opposite sides to pull pony tail as close to head as possible.
5. Use a comb to neaten and slick back any stray hair. If a dancer has bangs or layers around the face that will not stay with hair products alone, use bobby pins to secure.
6. Spray hair spray all over except the pony tail
7. Divide pony tail in to 2 (or 3 sections if dancer has thicker hair)
8. Take the first section of hair and do the following:
 - * twist hair and wrap around the pony tail in a circular pattern
 - *secure with hair pins as you twist
9. Repeat with the second (and third sections)
10. Take a hair net and cover the bun once, twist, then cover the bun a second or third time
11. With the remaining hair net, wrap around the base of the bun and secure with a pin or two
12. Place pins around the perimeter of the bun to secure the bun to the head
13. Do a final touch up with hair spray to make sure and catch any remaining or persistent stray hairs to complete a very neat and secure bun!



